

# EMOTIONAL LIBERATION

WEEKEND WORKSHOP SERIES



APRIL 9TH & 10TH WEEKEND

FROM STRESSED TO FEARLESS: ANTIDOTES FOR ANXIETY

Learn to work with Fear as a tool to keep clear of worry and reach Peace.  
Get immediate relief now, and life-changing tools to work with Anxiety in any situation.

2-Day Class \$329  
Sat/Sun  
9am to 4:30pm  
In Beverly Hills, CA  
RSVP for Address

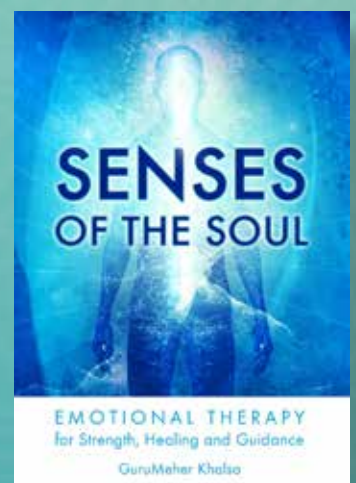
## MASTER THE SENSES OF YOUR SOUL

GuruMeher will guide you through an intimate weekend - or series of weekends - to unlock the therapeutic power of your emotions. Heal yourself from pain of the past and gain the skills to live free of suffering. In a safe, supported and proven structure, you will enjoy cutting-edge information, yoga & meditation, guided visualization, group support and coaching by the author.

## EMOTIONAL LIBERATION TRAINING

### 9 Weekends - Take Any or ALL

- March 12-13: SOS Method of Self Therapy
- **April 9-10: From Stressed to Fearless**
- May 7-8: Satisfying Your Desires
- June 4-5: Anger is Your Personal Protector
- July 2-3: Darkness to Light - Depression's Gifts
- Aug 6-7: Sadness Heals the Broken Heart
- Sep 10-11: Live Guilt-Free with Integrity
- Oct 8-9: Self Love and Self Esteem
- Oct 29-30: Triumph Over Trauma - Heal the Past



GuruMeher developed Senses of the Soul through 30 years of deep work with coaching clients and yoga students. The SOS Method has been called "the next evolution in therapy".

**Enroll / RSVP**

**[www.SensesOfTheSoul.com/events](http://www.SensesOfTheSoul.com/events) (310) 788-0339**